

BEACH HEART RATE MONITORS



Intervention Contacts (Corey Knight;
cknight@chelsea.k12.mi.us)

Fiscal Agent (Chelsea School District)

**Total amount granted from 5HF:
\$6,500.00**

**Total expenses paid with 5HF funds*:
\$6,500.00**

* If full amount of the grant was not necessary to provide the approved services, a check from the fiscal agent must be enclosed for any unused funds over \$100-Please make check payable to 5 Healthy Towns Foundation- Include a [Final Expense Report](#)

Intervention start date: Sept 8 2017	Intervention end date: on going	Date funding received: July 2017	Element: Move More
--	---	--	------------------------------

Key Evaluation Data

Please record and include the key evaluation data collected for this intervention

Please note you will be expected to provide surveys, graphs, and data to 5HF, more detail is included in a later slide

Units of Engagement (no units of engagement for infrastructure)

- Number of participants (P) 200
- Time each participant worked on or spent at each event (T-in hours) 1 hour
- Number of classes/events held (N) 150
- $P \times T \times N =$ units of engagement 30,000

Note – if this is an infrastructure intervention, units of engagement may not be applicable

Other measures may include, but are not limited to:

- Miles of trail maintained, number of people that used the trail per day/weekend (infrastructure interventions)
- Number of books/maps distributed
- Number of surveys collected

For each goal provide the following information:

Goal 1: To introduce HRM to students for lifelong skills and motivation

Did the intervention meet specific goals listed on the intervention table?	Yes. Students were able to see their HR increase with exercise
State what you tried to accomplish	That students would have an understanding that HR and the type of exercise go hand in hand. That students would have accountability on their effort.
How did you measure progress towards the goal?	The watch gave them feedback when they wore them.
Was the goal attainable?	Yes
Describe how the goal was relevant to the coalition and community wellness related needs	Students were motivated to wear the watch and compete with classmates

Overall were there any major accomplishments?

Yes***

No

- Students could see the results in real time.

Note – accomplishment is the successful achievement of tasks and goals.

Setbacks

Were there any setback encountered during the implementation of this intervention?

- Yes****
- No

If yes, please describe setbacks and how they were addressed below:

Setbacks or issues identified	How they were addressed
Mostly tech issues	Through our tech dept.
Kids not charging them correctly	Assigned kids to go through end of hour

How will you improve or avoid these issues in the future?

- Students need to take more time and not rush

Year 6 Intervention Evaluation Report: Chelsea Wellness Coalition



Year 6 Intervention Evaluation Report: Chelsea Wellness Coalition



Please include an itemized expense report (not budget) that demonstrates how the grant funds were used

- Please insert a table of your final expense report. Table should be broken into 3 section:
 - Expenses
 - Revenue
 - In-kind
 - In-Kind non-cash may can include volunteer hours, use of space, items, etc
- Please indicate items that were funded by 5HF with *

End of Coalition Presentation

Please complete information for the entire slide deck (slides 1-18). The slide deck will be used as your intervention evaluation report for the 5 Healthy Towns Foundation. Please use your intervention table as a reference when completing the slide deck.

For the Coalition meeting you will only need to present on slides 1-11*

*Note: You do not need to complete slide 2 if this was the first year you implemented your intervention using 5HF funds. Slides 4-7 will also vary depending on the number of goals you had for your intervention.

Intervention Information

Brief Intervention Description

- I. Primary goal
- II. Brief description of program
- III. Target population

Please include the key evaluation data collected for this intervention

- Survey templates and combined results
- Program evaluations and reports from coordinators, volunteers, instructors, teachers, facilitators, etc.
- Testimonials
- * If you plan on bringing copies of these materials to the coalition meeting when you present you can exclude this slide

Collaborations

Did your intervention involve collaboration with any other organizations

- Yes
- No****

Please comment on the value of the collaboration

There was not any collaboration.

Collaborations

Will the collaboration continue if the intervention continues?

- N/A

Are there additional collaborators you could work with in the future?

- N/A

Fiscal Agent

- Please provide feedback from the fiscal agent organization (if different from your organization)
- * exclude this slide if the fiscal agent is your organization

Sustainability

- Does your intervention have a sustainability plan?
 - Yes****
 - No
- What steps are being taken to ensure sustainability of the intervention beyond 5HF funding?
 - The HRM will last many more years with the proper care. If an issue may occur I will work with Polar Company and Beach Admin to resolve the problem in a timely manner.