



Grass Lake Community Wellness Initiative

Meeting May 21st, 2018, 6 p.m. Grass Lake Township Hall

1. **Introductions: general introductions + introduction to guests Crystal Moy from the National Kidney Foundation of Michigan and Michigan Public Health Institute**
2. **Intervention Evaluation Presentations:**
 - **Event Sponsorships – Matt Pegouskie**
 - **Upcoming Intervention Evaluation Presentations: Ice Rink/ Volleyball Courts (June?), Bike Racks (June), PSG (July)**
3. **Discussion on intervention ideas for Year 7. Continuing/new? Do we want to do a press release?**
 - **New Ideas:**
 - **Shuffle Board**
 - **Youth Yoga – Cindy Caro**
 - **Others?**
4. **Other items/Announcements**
 - **5 Healthy Towns Farm to Table Dinner – September 16th, 2018, Alber’s Orchard in Manchester**
 - **Amanda Loveland will be holding Yoga classes at the Community Events Park Pavilion. Classes will take place May 17 – July 5th on Thursdays from 6:30 pm – 7:30 pm. \$5 donation. Look for more details on the yoga classes on the GLCWI Facebook page.**
 - **Grass Lake Farmers Market – Wednesdays, May – September, 4 pm – 7 pm**
 - **Music In the Park – First and Third Wednesdays, May – September, 6 pm – 8 pm**
 - **Traffic Jam’In July 13th and 14th. Traffic Jam’In 5K July 13th. More details to come.**
 - **Chad Tuff Baseball Tournament date announced as August 4th and 5th**
 - **Michigan Military Heritage Museum – WW1 Centennial Event, August 4th**
 - **Grass Lake Road Runners - Saturday Morning Run Group – 7:50 a.m. leave from the Roaming Goat**

Reminders:

- ***Next grant submission deadline is June 1***

Upcoming meetings

June 18 th	Evaluation presentations, ideas for interventions for the Year 7 Plan.
-----------------------	--