



Chelsea Friends and Family Wellness Coalition

Meeting: May 3rd, 2018 at 12:00 pm at Chelsea Wellness Center Conference Room

Attendees: Gary Maynard, Shawn Personke, Jim Randolph, Patti Bihn, Lindsay Baker, Danielle Lepar, Aisling Nolan, Matt Pegouskie, Ashley Tomasi

1. Introductions + Guests from Michigan Public Health Institute

- Danielle and Aisling are part of the MPHI evaluation team reviewing/collecting data on the 5H project. The evaluation will conclude in the fall. We will share results with the coalitions.

2. Year 7 Plan Approved. Thanks to Gary and Andrew for presenting on behalf of the Coalition at the April 23rd meeting. Review next steps.

- Plan was officially approved by the 5 Healthy Towns Board of Directors on April 23rd. Congratulations! A big thank you to Andrew and Gary for presenting on the Year 7 Plan on behalf of the Chelsea Friends and Family Wellness Coalition!
- Next steps: Intervention evaluation reports and E-Grant application process. E-Grant is the process to have intervention funding released. Intervention evaluation reports for the previous year of an intervention must be completed and submitted to 5HF before funding can be released. Contact Matt or Ashley for assistance.
 - The next eGrant deadline will be June 1. 5HF has created an instructional video outlining how to complete an eGrant application and is working on videos for other components of the 5H grant process (intervention table, evaluation report, etc).
 - Check out the 5HF Facebook page for the “How-to file an eGrant” video. <https://www.facebook.com/5healthytowns/>. The video will be up on the 5HF website shortly.
 - Evaluation presentations for Year 7 completed and interim interventions will take place in September. Ashley will email out the intervention evaluation template during the summer.

3. Continue reviewing 20/20 Strategic Plan and local health data. ID areas we want to target for next year and send out a call for proposals.

- The coalition continued their discussion from last month’s meeting on the strategic plan.
- Ashley will draft and send out a proposal seeking input and ideas from the community for the Year 8 Plan. The press release will include some of the identified health needs that were not addressed in the Year 7 Plan.
- The Coalition compiled a list of community groups for presentations related to Goal 2, objective 1, strategy 1, action 5. Presentations will either be done by small groups of coalition members to single organizations/groups or 5HF will host a non-profit roundtable for all groups where the presentation will be presented. Suggested groups include:
 - Rotary
 - Kiwanis
 - Lions
 - Ministerial Association
 - Silver Maples
 - Chelsea Retirement Community
 - Library/Friends of the Library



- Waterloo Natural History Association
 - Chelsea Historical Society
 - Chelsea Chamber
 - Boy and Girl Scout Troops
 - 4H
 - Chelsea Garden Club and Primrose
 - Chelsea Education Foundation
 - CAPP
- Members would like to use the September meeting to invite a friend who is interested in health and wellness/learning more about the coalition to the meeting! More info to come.
 - New ideas for the Year 8 Plan: New hoop house for the Intergenerational garden, stationary reading bikes, community read around mental health, youth advisory committee
 - *If anyone is interested or knows someone who may be a good fit to take on one of the initiatives listed in the strategic plan please contact Ashley.*

4. Other Items/Announcements

- Jim Randolph will be teaching a class through the Adult Learners Institute (ALI) on Healthy Tailgating. Check out ALI's website if you would like to learn more!
<http://www.adultlearnersinstitute.org/fall-classes/>
- Chelsea Farmers Markets - May – October. Wednesdays, May 16th, 2 pm – 6 pm, CSB Lot. Saturdays, May 5th, 8 am – 1 pm, lower library lot on Park St.
- Chelsea Heart and Sole Race – May 12th, for more information/sign-up visit here:
www.chelseaheartandsole.org
- Walk to School Wednesday Preview – May 16th, 7:20 a.m., 2 groups of walkers (North, Beach and South Meadows).
- Pierce Park Improvement Input – May 16th, 5:30 p.m. – 7:30 p.m. Share your thoughts on the Pierce Park Improvement Plan. More information here: <http://chelseaupdate.com/may-16-give-your-input-on-pierce-park-improvement-plan/>
- County Clean Up Day – May 19th, 2018, 9:00 a.m. – 2:00 p.m. More information here: http://www.ewashtenaw.org/government/departments/environmental_health/recycling_home_toxics
- SRSly Cinema – June 21st – August 16th, movies start at dusk. More information here: <https://www.srslychelsea.org/calendar/> see flyer attached

5. Mission Moment

- A “mission moment” is a brief story or example of how your organization is making an impact. Jim Randolph shared memories from the April 28th Farm to Table Fundraiser for the Chelsea Farmers Markets. It was a great event with a great turn out. Over \$1,000 raised for the Chelsea Markets!

REMINDERS:

- **The next meeting TBA**



Upcoming Grant Submission Deadlines:

- June 1st
- August 3rd

* Grant applications are submitted through the e-Grant system. This is the application process to release intervention funds from the approved Wellness Plan. Grant cycles run every two months. Intervention leaders will apply for funds according to the dates requested in the intervention table (i.e. date funding required)