



Grass Lake Community Wellness Initiative

Meeting April 16th, 2018, 6 p.m. Grass Lake Township Hall

1. Introductions

2. Intervention Evaluation Presentations:

- Healthy Eating Classes – Sue Weible
- Event Sponsorships – Matt Pegouskie
- Upcoming Intervention Evaluation Presentations: Ice Rink/ Volleyball Courts (May), Bike Racks (June), PSG (July)

3. Update on discussion from March meeting on Coalition Marketing and 20/20 Plan:

- Remind.com and 5HF Website
- Any other items from the 20/20 Plan we want to pursue for the coming year? Should we put out a call for proposals?
- New intervention ideas?

4. Other items/Announcements

- 5 Healthy Towns Farm to Table Dinner – September 16th, 2018, Alber’s Orchard in Manchester
- Chelsea Heart and Sole Race (part of 5H Race Series) – May 12th
- Amanda Loveland will be holding Yoga classes at the Community Events Park Pavilion. Classes will take place May 17 – July 5th on Thursdays from 6:30 pm – 7:30 pm. \$5 donation. Look for more details on the yoga classes on the GLCWI Facebook page.
- GLEF Untapped and Uncorked event – May 18, 6:30 pm – 10:30 pm, Lost Railway Museum. \$25 ticket price.
- Traffic Jam’In July 13th and 14th. Traffic Jam’In 5K July 13th. More details to come.
- Chad Tuff Baseball Tournament date announced as August 4th and 5th
- Grass Lake Road Runners - Saturday Morning Run Group – 7:50 a.m. leave from the Roaming Goat

Reminders:

- *Next grant submission deadline is June 1*

Upcoming meetings

May 21 st	Evaluation presentations, ideas for interventions for the Year 7 Plan, MPHI visits
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