

Dexter

Suggestions for Score Improvement based on NEAT survey

NEAT

1. Stocking convenience stores with healthy snacks and drinks
2. Promoting local media to report 2+ articles, stories, and/or announcements about the benefits of a healthy diet (TV, Radio, Print)
3. Initiating community programs for free assessments/screening programs for chronic disease and holding special events that promote healthy eating in the community (sponsored by regional organizations or agencies like the American Heart Association, American Cancer Society, etc.)
4. Involving the school community in healthy eating initiative (creating a committee to oversee health programs that meet twice a year)
5. Increase Worksite healthy eating and policies that promote healthy eating (including company policies that promote the use of healthy food choices at meetings, written policies for new mothers, creating a safe lactation space for new mothers, etc.)