### 2017 NEAT Survey Results

**DEXTER** 



## **Nutritional Environment Assessment Tool Survey**



### What is the NEAT Survey?

- Assessment of a community's environment and policies related to promoting and supporting healthy eating within the following settings:
  - Workplaces
  - Community
  - School



#### Why is the NEAT important?

- Support
  - Measures how supportive employers, schools and the community are to healthy eating practices
- Guidance
  - Functions as a guide for future interventions, policies, and programs within the community



### **Levels of Support**

Support Rating	% of Total Possible Points
Not at all Supportive	Less than 50
Partially Supportive	50-74.9
Mostly Supportive	75-89.9
Fully Supportive	90-100



## 2014 Dexter Support Level: Partially Supportive

Section	% of Total Points	Support Rating
Community	63.2	Partially Supportive
Worksite	40.5	Not at all Supportive
Schools	81.7	Mostly Supportive
Overall	65.9	Partially Supportive

# 2016 Dexter Support Level: Partially Supportive

Section	% of Total Points	Support Rating
Community	66.5	Partially Supportive
Worksite	42.9	Not at all Supportive
Schools	84.9	Mostly Supportive
Overall	69.0	Partially Supportive



### 2017 Dexter Support Level:

"Partially Supportive"

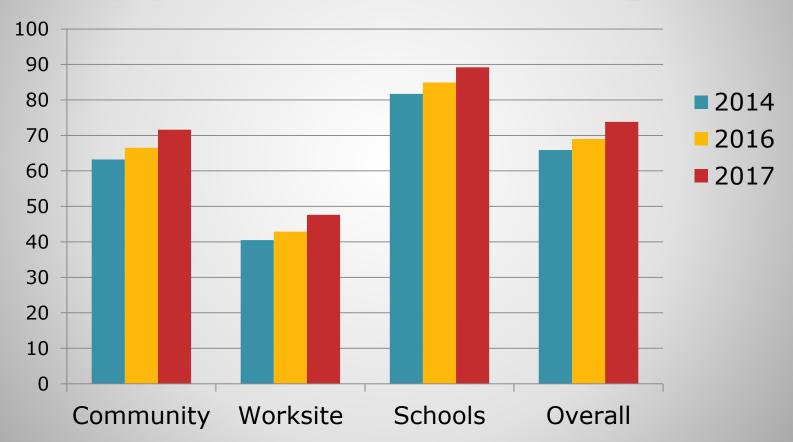


### 2017 Support Level Breakdown

Section	% of Total Points	Support Rating
Community	71.6	Partially Supportive
Worksite	47.6	Not at all Supportive
Schools	89.2	Mostly Supportive
Overall	73.8	Partially Supportive



### **Support Level Changes**





### What is going well?

- Community
  - Restaurants-healthy options
  - Grocery store healthy food availability
  - Medical practices- promoting nutrition and healthy eating practices
  - Programs at the Wellness Center
  - Farmer's Market/Winter Market
- Worksites
  - Improvement
- Schools
  - School Meal program
  - School Policies
  - Farm to School



### **Suggested Improvements**

- Community
  - Convenience stores healthy food options
  - Promoting local media
  - Community programs
- Worksites
  - Healthy eating policies/Education
- School
  - Community In progress



### THANK YOU!

