

## **The Dexter Rotary STRIVE Program**

The Dexter Rotary STRIVE (Students Taking a Renewed Interest In the Value of Education) project is designed to augment the DHS Alt Ed program by providing engaged mentorship, scholarship opportunities, life-skill coaching, and professional development that continues through high school and into either a community college education or vocational training for high-risk high school students. A Dexter Wellness Coalition grant to the STRIVE project would solely target *graduates* of the DHS Alt Ed program who have been selected for STRIVE academic and mentorship scholarships. The grant would in effect facilitate an extension of the current Alt Ed fitness program grant by providing a continuum of health education and training to Alt Ed graduates as they continue their post high school education or training. The overall object of this proposal is to expose these “at risk” students to better fitness practices and provide them with a practical knowledge base of wellness education.

All college STRIVE students would be required to participate in this proposed health and wellness program. Minimum attendance would be expected for scholarship program continuation, but students would be allowed to choose between offered fitness or health education classes offered at the Dexter Wellness Center.

Budget for the 2018-2019 school year is \$8280. This amount assumes 10 total recipients (five current college STRIVE students plus a projected five additional students who will receive STRIVE scholarships upon graduation from DHS Alt Ed in 2018) at the \$828/year membership rate.