



Grass Lake Community Wellness Initiative

Meeting September 21st, 2017

Attendees: Dawn Cuddie, Jim Stormont, Diane DeBoe, Annie Lavergne, Katie Fendt, Lori Kintz, Ben Dandrow, Kathy Czuprenski, Mike Willis, Debbie Eccleton, Matt Pegouskie, Ashley Tomasi

1. Introductions

2. Announcement on transition of Chair. Doug will be stepping down. Dawn Cuddie has agreed to be the facilitator for our monthly meetings

- Dawn will facilitate GLCWI's monthly meetings from this point on. Doug will still manage communication and social media channels and will join us at our monthly meetings from time to time.
- Thank you, Dawn for taking on this role! She did a fabulous job facilitating her first meeting!

3. First draft of Year 6 Plan. Lori Kintz will attend the September coalition meeting to review the first draft with the coalition. The plan will be submitted to 5HF in November. Year 6 budget is \$75,000

- **Intervention table assistance. Count on how many have been submitted.**
 - Please turn in your intervention tables by October 6th. Email Matt (matt@5healthytowns.org) to schedule a time to work on intervention tables if you need assistance.
 - Lori will attend our October meeting to share an updated draft of the plan
- **Missing information**
 - Lori needs more photos of people "moving more" in Grass Lake. Please email your photos to lorikintz3000@gmail.com.
 - Please send Lori your intervention social media and website links
- **Draft Year 6 Plan list of interventions below:**
- List of Year 6 continuing interventions:
 - Healthy Cooking Classes - \$1,000
 - Farmers Market - \$9,000 (\$4,500 for 2017, \$4,500 for 2018)
 - Grass Lake Senior Center - \$10,000 (increase to cover the cost of additional day and programming)
 - Project Safe Graduation - \$1,000
 - Event Sponsorships - \$3,750
 - Food for Friends - \$1,500
- List of new interventions for Year 6 Plan:
 - Road Runners Racing Program - \$1,500
 - Bike Racks - \$2,500
 - Healthy GL Restaurants - \$2,000
 - Fresh Air Festival (includes Yoga By the Lake)- \$3,000
 - Pavilion Phase II -\$33,750
 - Grass Lake School Greenhouse - \$6,000

TOTAL: \$75,000



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4. Ideas for November celebration

- The coalition typically holds their annual celebration in November to recognize the work and accomplishments of the coalition over the year. Coalition members were in favor of once again holding the celebration in November
- Locations for consideration include the GL Township Hall and the Pavilion (weather permitting).
- We will discuss plans for the celebration in greater detail at our October meeting.

5. Other items/Announcements

- **The 5H Farm to Table Dinner, this year held in Grass Lake, raised almost \$11,000 for the 5H Farmers Markets. As host, the Grass Lake Farmers Market will receive \$3,100 and the other four markets will receive \$1,849 each. Congratulations! Thank you to Sabrina and the Planning Committee for all their fabulous work in putting together this year's dinner.**
- **Grass Lake Road Runners - Saturday Morning Run Group – 7:50 a.m. leave from the Roaming Goat**
- **Grass Lake Education Foundation Festival of Tables – October 21, 6pm – 9 pm, Grass Lake High School, Contact gief.fot@gmail.com for tickets**
- **Free Arterial Screening at Grass Lake Senior Center – November 2nd -12 pm – 6 pm call 888-335-7241 to schedule an appointment**

Reminders:

- ***Next grant submission deadlines are October 6th and December 1st***

Upcoming meetings

October 16 th	Lori Kintz to present draft of the plan. Review of Fitness Coordinator. Discuss November Coalition Celebration
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