



Chelsea Friends and Family Wellness Coalition

Meeting: July 13th, 2017 at 12:00 pm at 5 Healthy Towns Foundation Conference Room

Attendees: Gary Maynard, Jim Randolph, Cindy Burdette, Reiley Curran, Jesse Kauffman, Shawn Personke, Kathy Czuprenski, Amy Heydlauff, Matt Pegouskie, Ashley Tomasi, Minji Kang

1. Introductions

2. 2017 NEAT and PAC Results – Minji Kang (see presentation attached)

- Minji is the 5HF summer intern. She is in the process of conducting the PAC and NEAT in all the 5H communities
- PAC: evaluates ways a community supports active living
 - 2017: received silver award
 - What's going well: ordinances, zoning, and codes, programming, promotion, facilities, safety and security policies, downtown, and neighborhoods
 - Suggested Improvements: community planning, bicycle facilities, schools, and worksites
- NEAT: Assessment of community's environment and policies related to promoting and supporting healthy eating
 - 2017: partially supportive
 - What's going well: community programming, worksite healthy eating support, school meal programs and policies
 - Suggested Improvements: community involvement in healthy eating at the schools, worksite healthy eating education
- Please reach out to Ashley or Minji (minji@5healthytowns.org) with any questions.
- Minji is working on developing comprehensive list of suggested improvements for both surveys that we will email out shortly.

3. Discussion on coalition annual schedule (see draft schedule attached)

- The coalition reviewed a proposal for a revised annual schedule
- Changes will allow for more brainstorming opportunities, collaboration with other community organizations, and less meetings per year
- ***Please review the new schedule as significant changes have been made. Keep in mind this is very much an evolving process and some of these changes may be tweaked or altered as we move through the year.***

4. Thoughts of forming a youth advisory council? If interest from the coalition we will discuss more at our next meeting

- The idea of forming a youth advisory council was something developed during last fall's strategic planning sessions.
- Interest was expressed from the group on moving forward. We will continue to develop this idea over the next few months.
- If interested in working on this initiative email Ashley (ashley@5healthytowns.org)



5. Other Items/Announcements

- Chelsea Bushel Basket Market – Wednesdays, Old US 12 / Main in CSB Lot, May – Oct, 2pm – 6pm
- Chelsea Farmers Market – Saturdays, Downtown on Park St., May – Oct, 8am – 1pm
- Run for the Rolls – August 26th, 2017, 12:30pm www.runfortherolls.org
- SRSLY Cinema – Batman, July 27th, Behind the Clocktower, 8:30pm – 11pm
- Chelsea Community Kitchen Summer Chef's Club – August 7th – August 9th, 9am – 3:30pm, First United Methodist Church, fee \$150
- 5H Farm to Table Dinner – Dinner to benefit 5H Farmers Markets, August 27th, 4pm – 7pm, new pavilion in Grass Lake. Tickets available here: <http://bit.ly/2tDERlg>

REMINDERS:

- **No August Meeting**
- **The next meeting will be September 7th at Noon in the 5HF Conference Room.**

Upcoming Grant Submission Deadlines:

- June 2nd and August 4th

* Grant applications are submitted through the e-Grant system. This is the application process to release intervention funds from the approved Wellness Plan. Grant cycles run every two months. Intervention leaders will apply for funds according to the dates requested in the intervention table (i.e. date funding required)