



Grass Lake Community Wellness Initiative

Meeting October 19th, 2015

1. Introductions
2. Finalize Year 4 Plan. Review feedback, make final edits, address any questions, etc.

Intervention Name	Continuing/New	Request \$	Review	Captain
Outdoor Yoga in the Park	NEW	\$1,000		Chelsea Wellness Center?
My Choice My Health	NEW	\$5,500		Elaine
Stress Management	NEW	\$4,000		Dawn Dodge?
Food For Friends	NEW	\$1,200		Matt
Safe Routes to School	NEW	\$3,000		Matt
5H Marketing	NEW	\$5,000		
Healthy Cooking Classes	CONTINUE	\$4,200	April Y2 (reviewed)	Sue
Farmer's Market	CONTINUE	\$22,6000	November	Diane
Sports/Trails/Parks	CONTINUE	\$26,500	June (reviewed)	Jim
Fitness Coordinator	CONTINUE	\$21,000	August (reviewed)	Doug
Senior Activities	CONTINUE	\$5,000	July (reviewed)	Joyce
Project Safe Graduation	CONTINUE	\$1,000	July (reviewed)	Mike
	Total	\$100,000		

3. Planning session for November meeting: celebration of Coalition's yearly accomplishments
4. CAC/5H Update
5. Sign-up sheet for flu shot clinic/mini health fair
6. Any Other Items?
7. Announcements

Reminders:

- **Next grant submission deadline is December 4th (agenda for upcoming meetings on back)**



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Upcoming meetings

November 16	Celebrate Year 4 Accomplishments? Review Farmers Market Intervention and Most Teens Don't (may move to January)
December – no meeting	
January	Review Community Read