



**Grass Lake Community Wellness Initiative
Meeting March 16, 2015
6 pm
Grass Lake Township Hall**

Agenda

1. Introductions
2. Juanita Meyerink of the Region 2 Area Agency on Aging to discuss their program called “A Matter of Balance – Managing Concerns About Falls”. Is this something we should be bundling advertising for with Elaine’s and Michelle’s programs? (Diabetes and Incorporating music to benefit demential and Alzheimer’s patients?)
3. I Heart Grass Lake – do we need a subcommittee to work on this project?
4. Year plan and beginning to set focus for the Year 4 Plan
5. Update on Year 3 interventions (announcing Senior center – soft start, etc.)

Next meeting is April Meeting is April 20, 2015 6 pm, Grass Lake Township Hall

Draft Agenda

1. Introductions
2. Sue Weible’s report on Year 2 Healthy Cooking Classes
3. TBD
4. TBD
- 5. Announcements**