



**Chelsea Wellness Coalition – Friends and Family Wellness
Meeting – Thursday December 4, 2014 at 6 pm
in Atrium B St. Joseph Mercy - Chelsea**

Agenda: Evaluation of 5 Year 3 Interventions

- 1. Introductions**
- 2. Food Education Series – Jane Pacheco**
- 3. On the Move – Jane Thompson**
- 4. Healthy Grocery Store – Courtney Stinson**
- 5. Community Read – Bill Harmer**
- 6. Bulldog Fit – Lumen Strong**
- 7. Healthy Town Square – update and suggestion for transferring a portion of funds to a trail project.**
- 8. Review of requests for Y4 Plan**
- 9. Any other announcements.**

Date	Time & Location	Meeting Topics
January 8, 2014	6 pm Atrium B @ St. Joseph Mercy - Chelsea	Generate list of all interventions proposed for Year 4 Plan, begin intervention prioritization process
February 5, 2014	6 pm Atrium B @ St. Joseph Mercy - Chelsea	Prioritization of Year 4 goals and interventions
March 5, 2014	6 pm Atrium B @ St. Joseph Mercy - Chelsea	Plan writer attends meeting to get all input for the Year 4 plan
April 2, 2014	6 pm Atrium B @ St. Joseph Mercy - Chelsea	Final review of plan to be submitted on April 3 for review by CWF
May 7, 2014	6 pm Atrium B @ St. Joseph Mercy - Chelsea	Initiate interventions, start the annual cycle

Year 4 Intervention requests (yellow highlight – not a firm \$\$ yet)

Intervention	Min	Max	Leaders
Bulldog Fit		\$ 3,500	Lumen Strong
Chelsea Monitors	\$ 1,500	\$ 3,000	Jon Van Hoek
Community Read		\$ 6,000	Bill Harmer
Farmers market		\$ 18,238	Stephanie Willette
Fitness opportunities for wheelchair		\$ 5,000	TBD
Food Education Series			Jane Pancho
Healthy eating at schools		\$ 15,000	Dan Kaminsky
healthy grocery store		\$ 15,884	Courtney Stinson
Healthy restaurants		\$ 5,000	Courtney Stinson
Heart and Sole	\$ 5,000	\$ 6,000	Reiley Curran
On the Move	\$ 4,000	\$ 6,000	Jane Thompson
Run for the Rolls		\$ 2,000	Cindy Trivilene
SRSLY	\$ 16,000	\$ 18,000	Reiley Curran
Stress management		\$ 5,000	Jennifer Smith
VegetaBull		\$ 1,000	Alex Pollock
Wild about summer camp		\$ 10,000	Andrew Thomson
TOTAL		\$ 119,622	