



ST. JOSEPH MERCY  
CHELSEA

SAINT JOSEPH MERCY HEALTH SYSTEM

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# Heart and Sole 2014

Reiley Curran, MPH  
Community Health Improvement

The 25<sup>th</sup> Annual Heart and Sole race brought runners, walkers, bikers, kids, adults, volunteers, sponsors, and donors for a day of fun to benefit the Chelsea Grace Clinic.

- 688 of participants
- 26 of sponsors
- 58 of volunteers
- \$10,5000 donated to the Chelsea Grace Clinic



In 2015 the Heart and Sole race will continue to grow and engage new participants, volunteers and sponsors, to encourage people to move more for a good cause.

- Mark your calendars! Saturday, May 9, 2015
- Race Director position currently open
  - Posted online at [stjoeschelsea.org](http://stjoeschelsea.org) under careers
  - Special Projects Coordinator, part-time

LOCATED AT CHELSEA HIGH SCHOOL - REGISTER TODAY!

**Heart & Sole**  
Run • Walk • Bike

[chelseaheartandsole.org](http://chelseaheartandsole.org)



**Saturday**  
**May 9**

25K, 10K, 5K and 2 Mile Run • 5K and 2 Mile Walk • 13.8 Mile Bike

To Benefit Chelsea Grace Clinic

*New this year!*  
**25th Anniversary 25K!**



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